This chapter examines the rights contained within Article 10 of the European Convention on Human Rights (freedom of expression), Article 11 (freedom of association and assembly), Article 5 (the right to liberty), and Article 8 (the right to a private and family life). It considers the domestic application of these rights as well as the various cases in which they have been raised. In doing this, the chapter explores the balance that must be struck between certain rights on the one hand and competing interests and needs on the other. With this in mind, it focuses on two areas: first, the freedoms of association and assembly, balanced against the need to ensure public order; and secondly, the freedom of liberty and right to a fair trial, against the need to ensure that the police can carry out their functions and responsibilities appropriately.